

GGGI GREEN OFFICE GUIDE

About this guide

Developed as part of GGGI's corporate social responsibility initiative, this guide aims to provide tips on how to make our operations more environmentally sustainable across all GGGI offices and to reduce negative impact of our daily activities. Together we can make a difference by taking simple steps today that will bring a bigger impact tomorrow. Let us practice what we preach as an organization.



How to use this guide

Step 1. Use the checklist below as a guide on what changes can be made in your office

Step 2. Complete the Checklist Evaluation, Office Pledge, and Carbon Footprint Report at the end of every year

Step 3. Submit to ASU [SharePoint Document Library](#) by 31 January of the following year

GETTING STARTED

1. **Designate a Green Team**

Pick a person or team who can be the green ambassador(s) of your office; this team is to lead the process of making your office more environmentally sustainable

2. **Engage everyone in your office**

Hold staff meetings/orientation to inform and discuss ways to make day-to-day operations more sustainable

3. **Develop and post signage/reminders** *See sample posters [here](#)

Create "Green Office" signage/reminders and post on office noticeboards and other relevant areas
Print on recycled/eco-friendly paper

ENERGY

Computers and Electronics

4. **Use energy saving settings for computers, printers, and other office equipment**

5. **Turn off/use sleep mode for computers and monitors before you leave office**

6. **Last one to leave the office to turn off all lights and office equipment**

Lights/ AC / air purifiers / fans/ printers/ photocopiers

7. **Unplug electronics when not in use, or use power strips with energy-saving features**

Invest in "smart" power strips to reduce the energy consumed; these power strips have outlets with timers, motion detectors, and/or current sensors to minimize energy waste (Ask your local electronic stores/check online stores)

Heating/Cooling Systems

8. **Set heating/cooling systems properly**

Adjust accordingly to local weather; avoid cooling more than 6°C (42.8 F) below the outside temperature and heating more than 20 °C (68 F) above, or no higher than 20-21 °C for heating or lower than 23-25 °C for cooling

Make sure that no furniture or wall blocks the systems and get in the way of providing heating/cooling efficiently

9. **If possible, open windows before resorting to use of AC**

10. **Keep windows and doors closed when AC or heating is on**

Lighting

- 11. **Switch off all lights when not in use, especially meeting rooms and other shared spaces**
- 12. **Place reminder stickers on light switches**
- 13. **Use natural light whenever possible**
- 14. **Use energy-efficient bulbs (LED/fluorescent lights)**
- 15. **If possible, install motion sensor switches, and/or timers for office lighting and other equipment (AC), especially in meeting rooms, hallways, and restrooms**

WATER

- 16. **Do not keep water running unnecessarily**
- 17. **Fix any water leaks or dripping faucets immediately (or report to Facilities Manager, if there is one)**
- 18. **If possible, install water-saving heads (aerators), toilets with low-flush and full-flush options, and/or touchless faucets**

WASTE

Paper

- 19. **Avoid printing as much as possible**
Share files and documents via email or share by uploading them to SharePoint
- 20. **Print double-sided**
- 21. **Print several slides on one page (ppt)**
- 22. **Use smaller fonts and lighter print to use less ink, if possible**
- 23. **Discourage printing of any presentation materials – bring laptops to meetings or use projector**

Mail

- 24. **Keep mailing list up-to-date**
Request to have your name/address removed from mailing list of any junk mail (flyers, free magazines, etc.)
- 25. **Share newspaper/journal subscriptions with others or switch to digital subscription**

Pantry/Kitchen

- 26. **Avoid using disposable cups and utensils; instead, use re-usable glassware, mugs, and containers**
- 27. **Drink water from water dispenser**
- 28. **Avoid use of bottled water (especially at meetings and workshops, etc.)**
- 29. **Use less paper towels**

Recycling

- 30. **Provide clearly-labeled waste bins**
Separate all waste by category: Paper, Plastic, Metal, Cans, Other Waste, etc. and recycle accordingly
- 31. **Use scrap paper as notepads**
- 32. **Reuse office supplies**
Check office supply inventory (both new and used) before ordering additional supplies
- 33. **Consider donating used furniture and other equipment**
- 34. **Recycle and/or dispose e-waste properly**
Contact Technology Services Unit (srticket@gggi.org) for how to recycle old laptops and other electronic device and batteries
Inform staff about proper methods for disposing of electronic waste and old electronic equipment

COMMUTE/TRAVEL

35. **Encourage use of public transportation or consider carpool if driving**

Consider vehicles that run on low-emitting fuels such as Compressed Natural Gas (CNG), electricity, and biofuels

36. **Fly less**

Consider having meetings via phone/web conferencing before submitting your Travel Request in ERP

37. **Encourage walking and cycling**

GREEN PROCUREMENT

38. **Buy recycled or eco-friendly paper**

39. **Purchase environmentally-friendly office supplies**

Examples: Refillable markers and pens, recycled paper and notepads, biodegradable cups, recycled tissues and paper towels

40. **Research local vendors and service providers that participate in environmentally-sustainable practices**

41. **When replacing office equipment (printers, photocopiers, lighting, etc.), look for energy-efficient ratings and features**

42. **If given an option, select minimal packaging and buy in bulk**

43. **When selecting an office, look for buildings with LEED-certification or other equivalent ratings**

44. **Use indoor plants that can improve office air quality** *See [examples](#)

RECORD CARBON FOOTPRINT

45. **Measure carbon footprint**

Use the carbon footprint calculators provided in this guide to measure and record your office carbon footprint

Submit an annual report, along with the Checklist Evaluation and Office Pledge, every year by 31 January of the following year – Note that data provided will be used for GGGI Annual Report

GREEN PROJECTS

46. **Plan and participate in community outreach or other programs related to green growth or sustainability**

Examples: planting trees, recycling drives, and partnering up with local “green” organizations, etc.

This checklist is meant to serve as a guide that provides tips, not a policy or rules. We understand that not all items listed above are applicable to all offices due to different circumstances. For example, avoiding use of bottled water and walking/cycling may be difficult because of safety reasons, or your office is in a government building and you cannot control certain aspects of the operations like heating/cooling. Please use your discretion in determining which actions can help make your office more environmentally friendly.

CHECKLIST EVALUATION

INSTRUCTIONS: This Checklist Evaluation is intended for you to complete at the end of each year after reviewing your office activities for the year. Goal is to get as many check marks as possible. Let's count!

OFFICE GREEN TEAM REPRESENTATIVE: Thinn Thinn Khaing

Category	No. of Items Checked	Total No. of Items	% Achieved (No. of Items Checked/ Total No. of Items x 100)
GETTING STARTED	3	3	100%
ENERGY	10	12	83%
WATER	2	3	67%
WASTE	11	16	69%
COMMUTE/TRAVEL	2	3	67%
GREEN PROCUREMENT	4	7	57%
CARBON FOOTPRINT	1	1	100%
GREEN PROJECTS	1	1	100%
TOTAL	35	46	74%

How Did We Do?

Document your office's green activities this year and any recommendations or reminders for next year.

GETTING STARTED

With the guidance of Country Representative, our Green Office has developed with the improvement of air quality, set up Air-Guard, indoor planting and cleaning, etc. We engage everyone in the office post signage in the office especially on saving Energy and Water, and Waste Recycling.

ENERGY

The GGGI-Myanmar office is hosted inside the Ministry, and subdivided from other project offices by a partial partition only. Therefore while we conserve lighting and AC in our section, the effect of our lighting/AC/window use is altered by that of the neighboring offices. There is natural lighting and ventilation from windows that we use whenever possible except when the heat, insects, or dust and smoke from burning rice fields make this impractical. We updated consumption of electricity, for using of office equipment to know estimated consumption and conduct for energy saving, we counted and included for two additional staff for the use of electricity. Next year, we will have detail electricity consumption/utility data specifically.

WATER

We do not have any dedicated sanitary facilities, and don't use much water on a daily basis. We share common toilet facilities with other ministry staff. If we found publicity basin or toilet room, we turn off water tap.

WASTE

In the waste management, if we need to print, we use both sided printing, and we recycle partial prints for use as notepads. We buy small amounts of stationery items, as needed. For larger print jobs we contract this to external

copy shops, who can do so with more efficient use of toner and reduced cost than our printer. We drink water from water dispenser, used ceramic cup, GGGI cups and glasses.

Waste - Discourage printing of any presentation materials – this is not practical due to limited local access/use of email, and requests for hardcopy by national stakeholders

Share newspaper/journal subscriptions with others – we look for opportunities

GREEN PROCUREMENT

GGGI-Myanmar initiated indoor plants to improve office room air quality

Installed AirGuard K provided by HQ in March, for air quality monitoring at our office and knowing that (real time-data) for pollution, CO2, temperature and humidity. We need to get monthly summary report for these related.

Buy recycled or eco-friendly paper => not founded supplier

Purchase environmentally=> friendly office supplies, not founded supplier

Research local vendors and service providers, that participate in environmentally sustainable practices => no supplier for green procurement goods and services found

RECORD CARBON FOOTPRINT

Recorded Carbon Footprint from Air Travel in 2018 (it was NOT booked by SM town Travel)

We use X1 Carbon Office Laptop (new 4 pcs) provided by HQ

We use Fuji Xerox (DocuPrint CM315z) printer, total printed paper for (mid Nov to Dec 2018) is 1,482 pages with A4 size, there is including GGGI-ECD Working Group Committee meetings.

GREEN PROJECTS

Country Representative has provided seminars on Green Growth awareness to ECD staff, and capacity building events across government. Our GGGI team conducted training on Climate Change and Sustainable Development goals and COP-24 Climate Diplomacy to ECD staff. We have also provided access to training opportunities for government staff in collaboration with other GGGI country offices on Green Project approaches where possible.

RECOMMENDATIONS FOR FUTURE ACTION

We will continue to follow the Green Office Guide and commit to sensitizing ECD staff and GGGI staff to be environmentally friendly and to promote sustainable development.

Find Stickers on light switches

Order newspaper/journal

For more information

- Check [ASU SharePoint site](#) for the most updated version of this Green Office Guide
- Planning a GGGI-funded event? See [GGGI Green Event Guide](#)
- Contact Tamie Kanda (tamie.kanda@gggi.org) for any questions or comments about this guide

OFFICE PLEDGE

INSTRUCTIONS: All GGGI offices are encouraged to take actions towards greening office operations. Here is your chance to make commitments on sustainable office practices. Share your goals for next year with us and let's keep each other accountable. Click [HERE](#) to see HQ Office Pledge.

OFFICE LOCATION: GGGI-Myanmar

OUR OFFICE WILL COMMIT TO MAKING THE FOLLOWING CHANGES BY THE DATES SPECIFIED:

Action Item(s)	Target Completion Date (If Applicable)
Order news paper/journal	12/31/2019
Sikcers on light switches	12/31/2019
Minimize printing	12/31/2019
Keep Green Office cleaned	12/31/2019
Encourage awareness on plastic pollution	12/31/2019
Click or tap here to enter text.	Click or tap to enter a date.
Click or tap here to enter text.	Click or tap to enter a date.

INSTRUCTIONS: When the entire document is ready for submission, double click the signature line below, type in your name and click Sign. Then close the file *without* saving to keep the signature valid. Your signature should be automatically saved. Please sign using your GGGI email account certificate(xxx@gggi.org). In case you encounter any technical issues using digital signature below, you may also print out the guide, sign, and scan to submit.



Dr. Aaron Russell

Myanmar Country Representative

1/31/2019

Date Signed:

CARBON FOOTPRINT REPORT

Click [here](#) to download the template for Carbon Footprint Report

INSTRUCTIONS: Download the report, fill it out, and submit it to ASU [SharePoint Document Library](#) by 31 January of the following year, along with your Checklist Evaluation and signed Office Pledge.

Facilities:

- Record electricity and gas usage for each country office, which will be part of our annual report starting in 2018. Carbon footprint will be consolidated and calculated by Seoul HQ
- If your office is in a government building and you do not pay utilities bill, please ask the government counterpart if they can provide the utility usage data. They will most likely have the overall utility usage data for the building, which you can divide by the ratio of the space that you are currently using in the building to get an estimate value of the utility usage.

Travel:

- We do not require carbon footprint data for travel that was booked by SM Town Travel. What we require from country offices is all other flights booked by local Travel Management Company (TMC), or travel agency.

If you have any questions about **Carbon Footprint Report** requirements, please contact Yoon Suk Choi yoonsuk.choi@gggi.org